

Plastic Surgeon Provider 4265023Y
M.B.B.S. (Hons.) F.R.A.C.S. (Plast.)

PRE-ADMISSION PLAN

Once you have a confirmed surgical date following your consultation with Mr Ying, you will be provided with the relevant hospital pre-admission documentation. At this time you will also be given financial information regarding any out of pocket expenses you are likely to incur.

You will need to contact the pre-admission co-ordinator at the relevant hospital between **10:00am and 3:00pm** on the day prior to your surgery date, to confirm your admission details. The hospital may also discuss your insurance status and personal details and a registered nurse may discuss with you any special needs, medical conditions and confirmation of pick up and overnight arrangements, if required.

Fasting

For anaesthetic safety, you must NOT have anything to eat or drink at least six (6) hours prior to your surgery. You will be advised of a time from which you need to begin fasting.

It is very important you follow these instructions carefully otherwise it may be necessary to postpone your surgery.

Valuables

Do not take any valuables, such as jewelry to the hospital. Any jewelry will need to be removed or taped over for your surgery. Please remove all rings and nail polish prior to your admission.

Take with you:

- All current medications.
- Relevant X-rays / CT /MRI scans.
- Wear comfortable clothing.
- A change of clothes / pyjamas & toiletries if you are staying overnight.
- Pension / Health fund details (incl. DVA card details)
- A contact number for the person who will be taking you home.
- Magazines / books.
- WorkCover / TAC information (if relevant).
- Specialised garments, if you are required to wear these post-operatively.

Admission

On the day of your hospital admission you will be seen by the pre-admission nurse, your anaesthetist and Mr Ying prior to your surgery. Be aware that normal waiting times are between 1-3 hours, however emergency situations can arise which can increase waiting times, so please be patient.

A relative or friend is welcome to accompany you on the day. He/she will be able to stay with you up until you are transferred to the operating theatre.

Recovery

Post-procedure you will be transferred to the recovery area; you are likely to be still under sedation. It is normal to remain in recovery for 1-2 hours or until you are stable after waking from the anaesthetic. If you are having a day procedure, Mr Ying will see you in recovery once you are awake. If you are staying in hospital overnight, Mr Ying will see you within 24 hours.

You must not drive, drink alcohol or operate heavy machinery during the first 24 hours following an anaesthetic.

A nurse will make your review appointment for you prior to being discharged from the hospital. Review appointments are usually within 5-10 days after your operation, as directed by Mr Ying.